

BROOKLETTS PLACE TALBOT SENIOR CENTER 400 BROOKLETTS AVENUE * EASTON, MD

JUNE 2016

410-822-2869 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	TUESDAT	VVEDINESUAT	INUNSUAT	FRIDAT
Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoreseni or.com/content/talbotseniorc entercalendar	VISIT US ON OUR WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER	1 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	2 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:30 T'ai Chi @TCCC 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 5:00 TOPS	3 9:00 Coffee Hour 9:00 Paint Day w/Josepha 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon
	-			National Candy Month
6 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 12:30 Healthy Living w/Diabetes	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle	8 8:30 Comm. On Aging 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	8:00 Enhance Fitness 8:30 Senior Summit @ TCCC 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:30 T'ai Chi @TCCC 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon The rose is June's flower
13 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 12:30 Healthy Living w/Diabetes	9:00 Coffee Hour 10:00 Contract Bridge 10:00 Free Picture Frame Craft 12:00 Lunch w/Laurie Toms & Company 12:30 Pinochle	8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:30 Grocery Bingo 11:00 Canasta 12:00 Lunch w/ South County Showstoppers 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
9:00 Coffee Hour 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 5:30 Diabetic Support Group	9:00 Coffee Hour 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle World Handshake Day World Handshake Day was established to unite the whole world.	8:45 Gentle Yoga 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch/University of MD Health Advantage 1:00 De-Cluttering Quick Start 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class 6:00 Senior Prom w/DJ Chuckie
9:00 Coffee Hour 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong National Sunglasses Day	9:00 Coffee Hour 10:00 Contract Bridge 12:00 Lunch/Independence Day Celebration w/Shelley Abbott 12:30 Pinochle	8:45 Gentle Yoga 9:00 Coffee Hour 9:00 Line Dancing 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 10:30 Dutch Lunch Out/Rudy's Diner & Bylers 11:00 Duplicate Bridge 12:00 Lunch	9:00 Coffee Hour 10:00 Intermediate Watercolor 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch 1:00 Veteran's Outreach 5:00 TOPS	"The 4 th of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885.

BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER - JUNE 2016 Visit our Facebook Page: Brookletts Place - Talbot County Senior Center

OUTINGS & EVENTS:

Thurs., June 9 – (8:30 a.m. – 4:30 p.m.) Senior Summit Conference at the Talbot County Community Center with Continental Breakfast, Vendors, Workshops, Lunch, Speakers: Memo Diriker & George Merrill. Advance Registration Required

Tues. June 14 – (12:00 p.m. – 1:00 p.m.) Musical performance by Laurie Toms & Company, renditions will include R & B, Pop, Classic Rock and Country. Advance sign-up for

<u>lunch required by June 1</u> or you may bring your own lunch.

<u>Thurs., June 16</u> – (12:30 p.m.) - The South County Showstoppers, whose motto is "We Aspire to Inspire Before We Expire" will be performing immediately following lunch. This

variety show will include tap dancers; line dancers; belly dancers; rappers; singers; musicians and comedy. Join us as we welcome our visitors from the South County Senior Center in Edgewater, MD. This program is funded in part by a grant from the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford and The American Legion Blake-Blackston Post #77. Advance sign-up for lunch is required by June 2nd or you may bring your own. Thurs., June 23 (12:00 p.m. – 1:00 p.m.) Lunch and Learn with University of MD Health Advantage. They will be conducting a quick presentation on Mental Wellness for Seniors. IFri., June 24 – (6:00 p.m. – 8:00 p.m.) Senior Prom with DJ Chuckie. Put on that silk dress, dust off that Top Hat and join us for an evening of Fun, Food and Laughter as we Dance the Night Away (or just a part of it @) Admission \$10.00 per person, lite fare will be served.

Tues. June 28 – (11:30 a.m.) Lunch and Independence Day Celebration with Shelley Abbott. Advance sign-up for lunch required by June 15 or you may bring your own.

Wed., June 29 – (10:30 a.m. – 4:00 p.m.) Dutch Lunch Out to Rudy's Restaurant and Byler's Grocery Outlet in Harrington, DE. We will leave the Senior Center at 10:30 a.m. and return by 4:00 p.m. Cost of the trip is \$10.00 for transportation.

UPCOMING TRIPS: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips

September 20, 2016

MONDAY, JUNE 13, 2016. SEATS ARE STILL AVAILABLE

Chesapeake Cravings: A Culinary Experience, Annapolis, MD \$90.00 per person, includes transportation and a day of culinary delights. Bus will leave Kohl's 8:30 a.m. to travel to Annapolis. We will start our tour with a historically attired guide at Ram's Head Tavern & Brewery where we will enjoy Maryland inspired soup and hear tales of the area including the 300 year old Brewery, the US Naval Academy and the Chesapeake Bay. Next, you will enjoy a step-on guide tour of the Historic District. Enjoy lunch at BlackWall Hitch, a classic shore tavern style restaurant with your choice of entrée of Lump Crab Linguini Alfredo Skillet or Eastern Shore Chicken Pot Pie Skillet. Your Annapolis Culinary Experience will end at historic London Town & Gardens where you will see one of Maryland's earliest settlements on the South River. This will include a Colonial Hearth Cooking Demonstration and a dessert unique to Maryland – the 10 layer Smith Island Cake. DEPOSIT OF \$50.00 IS DUE WEDNESDAY, JUNE 1, 2016 WITH FINAL PAYMENT DUE FRIDAY, AUGUST 12, 2016.

October 2-9, 2016

Western Mediterranean Cruise 8 Days/7 Nights with Royal Caribbean Cruise Line on the Harmony of the Seas. Inside Cabin Category K – \$3,359 per person, Outside Cabin Category G \$3,664 per person, Balcony Cabin Category D6 - \$3,238 per person. \$350 initial deposit per person double occupancy or \$700 per person single occupancy is required by February 16, 2016 to secure reservations and assign cabins. FINAL payment due by June 17, 2016. Rates are per person, double occupancy, and include roundtrip transportation to and from the airport, roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. ROYAL CARIBBEAN HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. PASSPORT REQUIRED.

November 1-3, 2016

March 12-24, 2017

AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. PASSPORT REQUIRED

Christmas in Cambridge, OH 3 Days/2 Nights \$425.00 per person double occupancy \$555.00 single occupancy. Trip includes 2 nights lodging, 2
breakfasts, 2 dinners guided tour of the Dickens Victorian Village Display, Tour of National Museum of Cambridge Glass, Tour of Historic Roscoe Village
with Character Guide for entire tour. Luggage handling, gratuity and motorcoach transportation provided. A DEPOSIT OF \$100.00 IS DUE BY JULY 1,
2016 FINAL PAYMENT IS DUE BY WEDNESDAY, AUGUST 31, 2016

Exploring Scotland & Ireland 13 Days/12 Nights \$4,099.00*/per person double occupancy, \$4,699.00/single occupancy, \$4,049.00/per person triple
occupancy. 17 Meals: 11 Breakfasts & 6 Dinners. Highlights include: Highlights of this 13 day escorted tour: Guided tour of Edinburgh, visit Palace of
Holyroad house, home to Mary, Queen of Scots; St. Andrews - famous for the game of golf; a scenic cruise on the Loch Ness; visit one of Scotland's
renowned whiskey distilleries; guided tour of Glasgow; ferry crossing to Belfast; visit the Titanic Experience Museum; travel the Antrim Coastal
Route, stopping at the Giant's Causeway; Guided tour of Glenveagh Castle —one of the finest gardens in Ireland; Dublin for 2 nights include guided tour
of city highlights; an Irish Night; and much more. Trip includes: Roundtrip transportation to and from the airport, Round trip air from Baltimore
Washington Airport, Air taxes and Fees/Surcharges, Hotel Transfers. A deposit of \$250 per person due upon reservation. Reservations are made on a
first come, first served basis. Reservations made after the deposit due date of September 06, 2016 are based upon availability. Final payment due by
January 11, 2017. Please note: deposits are fully refundable up until September 13, 2016, after that date certain charges apply. *All rates are per person
and are subject to change, based on air inclusive package from BWI. Cancellation Waiver and Insurance of \$280 per person is not included in

NEW Aug 31- Sept 8, 2017

PASSPORT REQUIRED

Alaska Cruise - 9 days/8 nights aboard Celebrity Cruises "Celebrity Solstice" Roundtrip airfare from BWI, includes 1 pre-night stay in downtown Seattle Wicity tour. Inside Cabin Category 10 - \$2583 or Outside Cabin Category 7 - \$3,033 or Balcony Cabin Category 2C - \$3173. Rates are per person, double occupancy, roundtrip transportation to/from airport, roundtrip airfare, port charges, one way transfer, taxes and government fees. CELEBRITY CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins.

Final balance is due by May 18, 2017. Those who book early get the best prices and the best cabin locations. PASSPORT REQUIRED

Southeast Coast & Bahamas Cruise - 10 days/9nights aboard the Royal Caribbean "Grandeur of the Seas" leaving from Baltimore with stops in Charleston, SC, Orlando (Port Canaveral), FL, Miami, FL, Nassau, Bahamas & CocoCay, Bahamas. Inside Cabin Category N - \$1168 or Inside Cabin Category L - \$1189 or Outside Cabin Category I - \$1253 or Outside Cabin Category H - \$1275 or Balcony Cabin Category D2 - \$1733 or Balcony Cabin Category D1 - \$1801. Rates are per person double occupancy and include cruise, port charges, roundtrip transportation to/from airport and government fees. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and

NEW March 15-24, 2018

fees. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. Final balance is due by November 15, 2017. Those who book early get the best prices, the best cabin locations and their preferred dining times. PASSPORT REQUIRED

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- Mon., Jun 6, 13, 2016 (12:30 p.m. 3:00 p.m.) Healthy Living with Diabetes Workshop Class meets once each week for 6 weeks. In this free workshop, you will learn how to better manage living with diabetes and so much more!! Healthy Living with Diabetes is very interactive and class participants receive helpful information, learn new skills, and share and learn from each other. Topics covered include: monitoring your blood sugar, nutrition and healthy earing, the importance of exercise, stress management and relaxation techniques, dealing with difficult emotions, foot care, and much more. <u>Advance sign-up is required.</u>

 <u>Tues., June 14</u> - (10:00 a.m. – 11:00 a.m.) Free Picture Frame Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, & Judith
- Grobler. Limited to 20 participants Advance sign-up is required.
- Thurs., June 23 (1:00 p.m. 2:00 p.m.) De-Cluttering Quick Start. Get a jump on getting rid of clutter with Professional Organizer Shelby Austin. This fun presentation is full of quick tips that will get you started on the road to a clutter free and organized life. Advanced registration is required as space is limited.
- Thurs., June 30 (1:00 p.m. 4:00 p.m.) Veterans Outreach. Meet Veterans and Veterans service providers. Veterans, bring a copy of your DD214 or come to find out how to get one. For additional Information or to sign up call Deb Cavalier 410-822-2869 x255

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Friday, June 3rd 9:00 a.m. 11:00 a.m. Josepha Price will be teaching a 2 hour Acrylic painting class. The subject, "Red China," will be broken down into a step by step process and all participants will be given instruction and assistance. All materials are provided. The cost is \$25 per person payable in advance. Advanced registration is required as space is limited.
- Advanced Beginners Watercolor Class Every Monday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Next session starts August 1st. Diana Evans, Instructor Gentle Yoga with Cyndi Prudhomme Every Wed. (9:00 a.m. 10:00 a.m.) \$8.00 per class drop-in fee
- Intermediate Watercolor Every Thursday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Beginning Oil Painting Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Zumba Gold Every Fri. (9:00 a.m. 9:45 a.m.) Cyndi Prudhomme, Instructor \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons Every Friday (10:30 a.m. 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- Spanish Fun Conversation Class Every Friday (1:00 p.m. 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- Mahjong Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome 1st Friday of each month is designated as "New Players Day". Come and learn!
- <u>Diabetic Support Group</u> Every 3rd Monday 5:30 p.m. Contact Doris Allen, BSN,RN,CDE Univ. of MD Center for Diabetes & Endocrinology 410-822-1000X5195
- Contract Bridge Every Tuesday 10:00 a.m. in Exercise Room #2 Free Instruction for Beginners with advance notice
- Pinochle Every Tuesday 12:30 p.m. in the Game Room Willing to teach Beginners at any time
- Shore Line Dancing Every Tuesday 7:00 p.m. 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- Video (Wii) Bowling Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team!

- Blood Pressure Screening 2nd & 4th Wednesday of each month at 10:00 a.m. at 10:00 a.m. Elder Law Clinic Every 4th Thursday 10:00 a.m. 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-shore Pro-Bono at 410-690-8128

 Canasta Every Thursday 11:00 a.m. in the Upstairs Lobby Currently for those who already know how to play. Beginners instruction 1st Wednesday of each month from 12:00 p.m. 3:00 p.m. Advance notice requested for instruction
- Poetry at Noon Every Friday in the Conference Room

UPCOMING EVENTS:

- "The Sunshine Boys" in concert July 12th 12:00 noon. Advanced registration for lunch is required by June 28th or you may bring your own.
 ***** SUICIDE BRIDGE CRAB FEAST & SIGHTSEEING CRUISE TUESDAY, JULY 19TH SIGN UP NOW*****